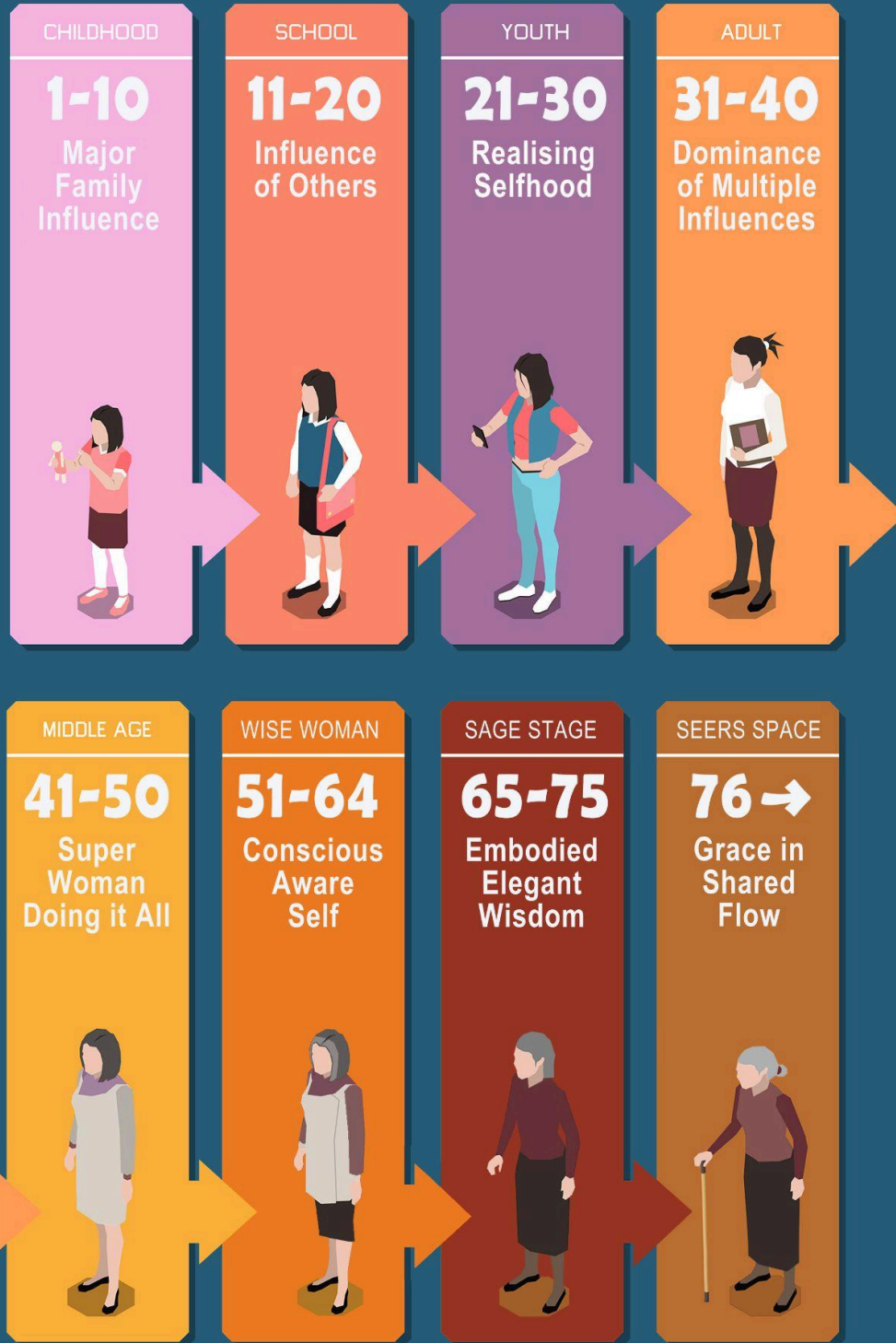




Heart-Scoping



Elder Women's Wisdom

Heartscooping



Being present to your Wise Woman Journey

CHANNEL 1 - SEEKING

Feminine Alchemy - Wise Woman Stages

Intro Session \$197

Channel 1 of the Heartscooping journey is all about revisiting your life through each decade to find your strongest memories of that time where a pervasive lesson was learnt. Those lessons left an imprint. When we interrogate those imprints and memories from a mature woman's perspective, the possibility is there to unravel and take forward different emotional viewpoints. This is a process of deconstruction. This creates your ability to change anything in your life story, as you are the author of your life.

Create the potential to change anything your heart desires!

CHANNEL 2 - EMBRACING

Wise Woman - Wise Woman Ways

2 x 60min sessions \$240

Channel 2 occurs as you transition to a new stage in your life, some ladies feel heated inside (fiery, angry and hot!) and incandescent in these years. It can be difficult to hear your heart when you are operating in superwoman mode. It's time to appreciate what your heart is really whispering to you.

This is about you becoming more intentionally and consciously self-aware. Together we create space for your unique feminine alchemy and begin to identify and implement conscious change.

This is the time you begin to identify your Wise Woman Ways.

CHANNEL 3 - LIVING

Sage Stage - Way of the Wise

2 x 60min sessions \$240

This is true woman's alchemy, as you emerge from menopause and learn to navigate the Sage Stage entering the time of your elder-hood feminine power.

This next passage begins and it is still all alchemic fire and heart-reach, but begins to unify soul, body, spirit and mind. Your heart-rich learnings take you into the Sage Stage.

This is when your joys, hardships, family, friends, life challenges, hurdles, talents and successes all transmute into your crown of wisdom.

A new adventure begins as you become a beacon of light, luminescent and clear, dancing on your own initiated path.

***Claim your inner soul wisdom and all your heart vistas
to fully explore your unique Wise Woman Ways!***

ENQUIRE NOW

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